

# **Your child visited the Life Education Center!**

With the help of TAM, a transparent anatomical mannequin, students learned facts about the body's organs so they can remember why it's important to keep their bodies healthy. They also learned about the amazing brain and how it sends messages at speeds faster than lightning through the nervous system.

The lesson was reinforced with a game called Head to Toe, Tic Tac Toe; a dancing exercise to get the students moving; a discussion about how everyone is unique; and that personalities are controlled by a part of the brain.

Before leaving to mobile unit, students met Harold the Giraffe, the mascot, who completed the lesson with a song about the importance of keeping our bodies healthy.

Students also played a tic-tac-toe game with questions about medicine and discussed never sharing prescription medicine with anyone.

Remind your child that as a family you choose:

**“Wise Highs...  
Choices You Can  
Live With!”**

**Parents/Guardians of Second Graders**

## To reinforce this lesson at home:

Have some fun as a family enjoying these jokes:

Joke: What does a brain do when it sees a friend across the street?

Answer: It gives a brain wave!

Joke: Why didn't the skeleton go to the dance?

Answer: He had no body to go with!

To reinforce lessons taught on prescription medicine, check all prescription and over-the-counter medicines in your home and make certain they are in a secure location.

### The Life Education Center encourages every household in Kankakee and Iroquois counties to:

1. Take medications exactly as prescribed
2. Store prescription drugs in locked and secure locations
3. Properly dispose of unused medications
4. Promote safe medication practices and teach others to do the same

Administered by the  
I-KAN Regional Office of Education with  
support from the



### **Pledge for Life Partnership**

Brenda Wetzel, Director of Life Education Center Programs

I-KAN Regional Office of Education

1 Stuart Dr.

Kankakee, IL 60901

815-936-4606

[bwetzel@i-kan.org](mailto:bwetzel@i-kan.org)

[www.pledgeforlife.org](http://www.pledgeforlife.org) | [www.i-kan.org](http://www.i-kan.org)

Funding provided in whole or in part by the Illinois  
Department of Human Services and the Substance Abuse  
and Mental Health Services Administration (SAMHSA).

Printing of this brochure also partially funded by:

