

# **Your child visited the Life Education Center!**

Students focused on the importance of making good choices for their amazing and unique bodies. With the help of TAM, a transparent anatomical mannequin, they reviewed the body's organs before being introduced to transparent, animated body systems. They discussed how each organ's health is important and how all work together as a team.

Students had the opportunity to help mascot, Harold the Giraffe get out of a peer pressured situation and then role played different scenarios.

The importance of making good choices every day was highlighted again when students took a spaceship ride to Conformatron – a place where everyone is the same and individual choice is not an option. Students had to escape back to earth by thinking about how different they are from one another.

Students watched a video, "What Are Drugs?", and reviewed safe medicine tips, including proper storage.

Remind your child that as a family you choose:

**“Wise Highs...  
Choices You Can  
Live With!”**

**Parents/Guardians of Third Graders**

## To reinforce this lesson at home:

Have some fun as a family with the activity  
Did You Know:

DYK – The appendix is an organ you can live without!  
What other interesting facts can you find out about the human body?

To reinforce lessons taught on prescription medicine, check all prescription and over-the-counter medicines in your home and make certain they are in a secure location.

### The Life Education Center encourages every household in Kankakee and Iroquois counties to:

1. Take medications exactly as prescribed
2. Store prescription drugs in locked and secure locations
3. Properly dispose of unused medications
4. Promote safe medication practices and teach others to do the same

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### **Pledge for Life Partnership**

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