## Iroquois County Illinois Youth Survey Overview





## 2016 IYS Overview

## Sample

$85 \%$ of $8^{\text {th }}$ graders and $76 \%$ of $10^{\text {th }}$ and $12^{\text {th }}$ graders in Iroquois County were surveyed.

## (1) Student Characteristics

$\qquad$ Includes demographic data and other information about the surveyed population, for example:

Slightly more girls than boys completed the survey (113 vs 104).

## (2) Drug Prevalence and Behaviors

$\qquad$
Includes substance use behaviors including type, frequency, and consequences of drug use, for example:


| Past Year Use | Alcohol | Cigarettes | Marijuana | Heroin | Prescriptions |
| :--- | :---: | :---: | :---: | :---: | :---: |
| 8th Grade | $22 \%$ | $5 \%$ | $5 \%$ | $0 \%$ | $5 \%$ |
| 10th Grade | $45 \%$ | $8 \%$ | $15 \%$ | $0 \%$ | $9 \%$ |
| 12th Grade | $61 \%$ | $21 \%$ | $32 \%$ | $0 \%$ | $10 \%$ |

New - Twice as many $10^{\text {th }}$ graders had smoked e-cigarettes in the past 30 days, as had smoked traditional cigarettes. $10^{\text {th }}$ and $12^{\text {th }}$ graders were more than five times as likely to do this as $8^{\text {th }}$ graders ( $10-15 \%$ v $2 \%$ ). Slightly smaller numbers smoked a hookah or water pipe. The e-cigarette rates were similar to marijuana use among $10^{\text {th }}$ graders.

## (3) Drug Use Contributing Factors

$\qquad$
Includes factors in students, their families, and their communities that may increase or reduce the risk of youth substance abuse, such as access to substances and parental communication about expectations to not use drugs, for example:

Alcohol continues to be the most abused substance, with $8 \%$ of $8^{\text {th }}$ graders, $20 \%$ of $10^{\text {th }}$ graders, and $42 \%$ of $12^{\text {th }}$ graders indicating drinking during the past 30 days. However, $82 \%$ of $10^{\text {th }}$ graders think the actual rates are higher; only about $9 \%$ have an accurate perception. $52 \%$ of $12^{\text {th }}$ graders think the rates are higher; $15 \%$ have an accurate perception.

About three quarters of $8^{\text {th }}$ and $10^{\text {th }}$ graders who smoke marijuana are given it by a friend, while $90 \%$ of $12^{\text {th }}$ graders get it from a friend. About half of the users also buy it from someone who sells drugs. About 13\% take it from their parents without their parents' permission, while slightly fewer (11\%) of $10^{\text {th }}$ and $12^{\text {th }}$ graders also report getting it from their parents with their permission.

Nearly the same percentage of adolescents view taking prescription drugs and smoking cigarettes as a moderate or great risk to harming themselves (91-90\%). They also consider these behaviors to be more risky than drinking alcohol (71\%) or smoking marijuana (ranging from $75 \%$ among $8^{\text {th }}$ graders to $42 \%$ among $12^{\text {th }}$ graders).

## (4) Interpersonal Conflict, Violence and Delinquency

$\qquad$
Includes experiences with violence and high-risk behaviors including bullying and fighting, for example:

Nearly half of $8^{\text {th }}$ graders report having been bullied in some way, as well as more than $42 \%$ of $10^{\text {th }}$ graders and $30 \%$ of $12^{\text {th }}$ graders. The most likely form of bullying is name calling, followed by being harassed or having rumors spread on the Internet or through text messages and by being threatened with physical harm.

Twice as many $8^{\text {th }}$ and $10^{\text {th }}$ graders as $12^{\text {th }}$ graders had been in a physical fight on school property during the past year (10\% vs $5 \%$ ).

## (5) Academic and School Experiences

$\qquad$ Includes youth opinions of their academic experiences, their school environment, and engagement in youth activities, for example:

Nearly 35\% of the students think none or few teachers or other adults notice if they are having trouble learning something. More than $25 \%$ think that few if any adults at school really care about them, or notice if they are not there, or listens to them when they have something to say, or tells them when they do a good job.

Nearly 60\% of the students think that few if any things they do at school make a difference. A similar percentage of the students think that the activities they do at school are interesting (57\%).

Approximately 64\% of respondents are involved in two or more activities. Sports related activities are most popular, followed by participation in faith-based youth groups, scouting, 4 H , and service or volunteer projects.
$12^{\text {th }}$ graders are more likely than $10^{\text {th }}$ graders to expect to definitely complete a training program, military service, and/or a college degree after high school ( $70 \%$ vs $57 \%$ ), while about $6 \%$ of $10^{\text {th }}$ and $12^{\text {th }}$ graders indicate that they probably or definitely will not.

## (6) Mental, Social and Physical Health

$\qquad$ Includes a variety of mental and physical health issues including thoughts about depression/ suicide, nutrition, and physical activity (including estimates of obesity), for example:

During the past 12 months, $16 \%$ of $10^{\text {th }}$ and $12^{\text {th }}$ graders seriously considered attempting suicide.

Approximately $30 \%$ of the students felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities.

One in five $8^{\text {th }}$ graders (20\%) knows only one adult (other than a parent) that they could talk to about important things in their life, while $14 \%$ do not know anyone. Among $10^{\text {th }}$ and $12^{\text {th }}$ graders, $16 \%$ know only one adult and about 10\% know none.
$67 \%$ of the students are a healthy weight, $3 \%$ are underweight and $30 \%$ are either overweight or obese.

Around $25 \%$ of the students have dinner with their families only two or fewer times per week.

For more information, visit the Illinois Youth Survey website at https://iys.cprd.illinois.edu/, or go directly to the 2016 Iroquois County report at https://iys.cprd.illinois.edu/UserFiles/Servers/Server_178052/File/2016/Cnty16_Iroquois.pdf.

